

TABELLA SINCLAIR MASTER 2022 (MELTZER | FABER)

	ANNO	ETÀ	COEFF
MASTER 45	1981	41	1,149
	1980	42	1,162
	1979	43	1,176
	1978	44	1,189
	1977	45	1,203
	ANNO	ETÀ	COEFF
MASTER 55	1976	46	1,218
	1975	47	1,233
	1974	48	1,248
	1973	49	1,263
	1972	50	1,279
	1971	51	1,297
	1970	52	1,316
	1969	53	1,338
	1968	54	1,361
	1967	55	1,385
	ANNO	ETÀ	COEFF
MASTER 65	1966	56	1,411
	1965	57	1,437
	1964	58	1,462
	1963	59	1,488
	1962	60	1,514
	1961	61	1,541
	1960	62	1,568
	1959	63	1,598
	1958	64	1,629
	1957	65	1,663

	ANNO	ETÀ	COEFF
MASTER +65	1956	66	1,699
	1955	67	1,738
	1954	68	1,779
	1953	69	1,823
	1952	70	1,867
	1951	71	1,910
	1950	72	1,953
	1949	73	2,004
	1948	74	2,060
	1947	75	2,117
	1946	76	2,181
	1945	77	2,255
	1944	78	2,336
	1943	79	2,419
	1942	80	2,504
	1941	81	2,597
	1940	82	2,702
	1939	83	2,831
	1938	84	2,981
	1937	85	3,153
	1936	86	3,352
	1935	87	3,580
	1934	88	3,843
	1933	89	4,145
	1932	90	4,493
	1931	91	1,699
	1930	92	1,738

FORMULA CALCOLO COEFFICIENTE SINCLAIR

Formula Maschile

=SE(PESO CORPOREO<175,508;10^(0,75194503*((LOG10(PESO ATLETA/175,508))^2));1)

Formula Femminile

=SE(PESO CORPOREO<153,655;10^(0,783497476*((LOG10(PESO ATLETA/153,655))^2));1)